

## CHLAMYDIA

Chlamydia is a common sexually transmitted infection (STI) that can be easily cured but often has no symptoms. If left untreated, chlamydia can make it difficult for women to get pregnant.

<b>What is Chlamydia?</b>	<ul style="list-style-type: none"> <li>• Common STI that can infect both men and women</li> <li>• Can cause serious, permanent, damage to a women’s reproductive system</li> </ul>
<b>How is Chlamydia Spread?</b>	<ul style="list-style-type: none"> <li>• Chlamydia can be spread through vaginal, anal, or sex with someone who already has chlamydia</li> <li>• Re-infection can occur even if treated in the past after having unprotected sex with someone who has chlamydia</li> </ul>
<b>Signs and Symptoms of Chlamydia</b>	<ul style="list-style-type: none"> <li>• Women with symptoms may notice:             <ul style="list-style-type: none"> <li>○ an abnormal vaginal discharge</li> <li>○ a burning sensation when urinating</li> </ul> </li> <li>• Men with symptoms may notice:             <ul style="list-style-type: none"> <li>○ a discharge from their penis</li> <li>○ a burning sensation when urinating</li> <li>○ pain and swelling in one or both testicles</li> </ul> </li> </ul>
<b>How is Chlamydia Diagnosed?</b>	<ul style="list-style-type: none"> <li>• Urine test</li> <li>• Physical exam or throat, urine, vaginal/cervical, and rectal swabs</li> </ul>
<b>Risk Factors for Chlamydia</b>	<ul style="list-style-type: none"> <li>• Anyone who has unprotected vaginal, anal or oral sex can get chlamydia</li> <li>• Gay, bisexual, and other men who have sex with men</li> </ul>
<b>How Can Chlamydia Infection be Avoided?</b>	<ul style="list-style-type: none"> <li>• Abstinence</li> <li>• Use condoms (male and female condoms are available)</li> <li>• Plan ahead: Think about protecting yourself. Talk with your sex partner(s) about STIs and the need to protect yourself.</li> </ul>
<b>Importance of Early Identification and Treatment</b>	<ul style="list-style-type: none"> <li>• Reduces pelvic inflammatory disease (PID)</li> <li>• Reduces infertility, ectopic pregnancy, and chronic pelvic pain</li> <li>• Prevents complications in newborns</li> </ul>