

County of Santa Clara Public Health Department



Health Officer
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San José, CA 95126
408.792.3798

October 26, 2022

Dear LTCF/SNF Partners,

Thank you for your continued support of the most vulnerable residents in our community. While the CDC currently reports [low community transmission](#) in Santa Clara County, local [wastewater concentrations](#) indicate that there may be higher local transmission than is indicated in our laboratory reported case rate. In addition, with the continued introduction of new variants and expected increased in virus activity during the winter season, elderly residents, especially those in LTCFs remain at high risk for severe outcomes, hospitalizations and death due to COVID-19.

This month, CDPH [updated LTCF post-exposure guidance](#). CDPH no longer requires quarantine of residents after exposure, regardless of vaccination status. However, in Santa Clara County, due to the aforementioned risk to LTCF residents and difficulties in effective contract tracing, it is our strong recommendation that LTCFs continue to quarantine exposed residents with an option to test out of quarantine earlier than 14 days. We recommend that exposed asymptomatic residents should quarantine and be tested immediately, on Day 3 and again on Day 5 post-exposure. Residents may be released from quarantine if they do not develop symptoms and test negative on Day 5. Please refer to [CDPH guidance](#) for quarantine and testing requirements for new admissions and Health Care Personnel.

We will discuss these local recommendations in more detail at our next monthly SNF/LTCF meeting. Please contact covidoutreach@phd.sccgov.org if you do not regularly receive meeting invitations.

Sincerely,

A handwritten signature in black ink, which appears to read "Sara H. Cody". The signature is fluid and cursive.

Sara H. Cody, MD
Health Officer and Public Health Director