

# Preventing Perinatal Hepatitis B

## Guidelines for Prenatal Care Providers



### BACKGROUND

Up to 90% of infants born to HBsAg positive mothers can become chronically infected with hepatitis B infection, the major cause of liver cancer worldwide, if they do not receive post exposure prophylaxis at birth. Timely post exposure prophylaxis of infants born to HBsAg positive women is very effective in preventing perinatal hepatitis B transmission. When a mother is HBsAg positive, her infant must be given two injections as soon as possible and within 12 hours of birth: hepatitis B immunoglobulin (HBIG) and hepatitis B vaccine. The following guidelines are based on the U.S. Advisory Committee on Immunization Practices (ACIP) recommendations<sup>1</sup>.

### TEST PREGNANT WOMEN FOR HBsAg

- **Providers are mandated to test pregnant women for hepatitis B surface antigen (HBsAg)** per California Health and Safety Code, Section 125085. The HBsAg test should be routinely ordered at an early prenatal visit for all women in every pregnancy, **regardless of past testing status or vaccination history.**
- **Re-test HBsAg negative pregnant women before delivery** if clinical hepatitis is noted or if there was a risk for hepatitis B exposure during pregnancy. Risk factors include recent intravenous drug use, an HBsAg positive sex partner, more than one sex partner in the past six months, or recent treatment for a sexually transmitted disease.

### REPORT HBsAg POSITIVE WOMEN

- **Laboratories and medical providers are mandated to report positive HBsAg results** to the county health department of the patient's residence per California Code of Regulations, Section 125085, and Title 17, Section 2500 [b].
- **Report any pregnant woman with a positive HBsAg result** to Santa Clara County Public Health Department using the Perinatal Hepatitis B Prevention Program Referral Form. Forms can be obtained at Santa Clara Public Health Department Website: [www.sccphd.org/perinatalhepb](http://www.sccphd.org/perinatalhepb)
- **Submit a copy of the HBsAg laboratory report** documenting the woman's HBsAg status to the designated birth hospital. Notation of the woman's HBsAg status on the prenatal record is not sufficient because laboratory test results can be misinterpreted and because transcription errors can occur.

### VACCINATE THE UNPROTECTED

- **Vaccinate** women who are HBsAg negative and at risk for infection with hepatitis B virus during their prenatal or postnatal visits.
- **For additional information, please see:** <http://www.cdc.gov/hepatitis/HBV/PerinatalXmtn.htm> or <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Perinatal.aspx>

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<sup>1</sup>Schillie S, Vellozzi C, Reingold A, et al. Prevention of Hepatitis B Virus Infection in the United States: Recommendations of the Advisory Committee on Immunization Practices. MMWR Recomm Rep 2018;67(No. RR-1):1-31. DOI: <http://dx.doi.org/10.15585/mmwr.rr6701a1>

## **PROVIDE FOLLOW UP CARE FOR HBsAg POSITIVE PREGNANT WOMEN**

- **Perform the following recommended additional testing** for HBsAg positive pregnant women:
  - ❖ Perform HBeAg and quantitative HBV DNA level testing to assess infectivity; and
  - ❖ Monitor ALT (SGPT) levels during pregnancy to detect a flare up of hepatitis that will require evaluation for oral antiviral treatment.
- **Refer the HBsAg positive pregnant woman for care** and long-term monitoring for liver cancer if she does not have a healthcare provider to provide long-term care for her chronic hepatitis B infection.
  - ❖ **Refer to specialist during pregnancy if HBeAg is positive, HBV DNA is >20,000 IU/mL, and/or ALT is  $\geq 19$  IU/L**, otherwise refer for care postpartum.
- **Advise the HBsAg positive pregnant woman to discuss the risks and benefits of continuing treatment** during pregnancy with the healthcare provider who prescribed the treatment if she is currently on oral antiviral therapy for chronic hepatitis B infection.
  - ❖ Routine administration of oral antiviral drug treatment for chronic hepatitis B without careful evaluation is not recommended for HBsAg positive pregnant women because the efficacy and safety of the use of these drugs during pregnancy has not been proven.
- **Consider the following** when providing care for HBsAg positive pregnant women:
  - ❖ There is no evidence that a C-section reduces vertical transmission.
  - ❖ Positivity for hepatitis B “e” antigen (HBeAg) and a high viral load (HBV DNA) are associated with an increased risk of perinatal transmission of hepatitis B virus even when post exposure prophylaxis is provided to the infant at birth.
  - ❖ Risk of transmission to the fetus due to amniocentesis is low, but may be higher in the setting of maternal HBeAg positivity and/or high viral load. Prior to amniocentesis, check HBeAg and HBV DNA viral load to help assess the risks and benefits of the procedure. Transplacental amniocentesis should always be avoided.

## **INFORM AND ADVISE HBsAg POSITIVE PREGNANT WOMEN**

- **Inform HBsAg positive women** that their test results indicate that they have chronic hepatitis B, ask about sexual, needle-sharing, and household contacts and refer close contacts and family members for HBsAg, anti-HBs and anti-HBc testing to see if they are also chronically infected with hepatitis B or are unprotected against hepatitis B and should get vaccinated.
- **Advise HBsAg positive women to remind their pediatricians** that their infants must complete the hepatitis B vaccine series by 6 months of age and undergo blood testing for HBsAg and anti-HBs at 9-12 months of age to make sure they are protected against hepatitis B and have not become infected.
- **Advise HBsAg positive women that their infants who receive postexposure prophylaxis may be breastfed beginning immediately after birth.**

## **DEFINITIONS**

- **HBsAg (hepatitis B surface antigen):** A positive test means that the person is either acutely or chronically infected with hepatitis B.
- **Anti-HBs (hepatitis B surface antibody):** In persons who are HBsAg negative, a positive anti-HBs result means they are immune to hepatitis B due to immunization or recovery from past infection.
- **HBeAg (hepatitis B e antigen):** In patients not receiving antiviral therapy, a positive HBeAg test is a serologic marker of a high degree of HBV infectivity (although some mutant hepatitis B strains are associated with a high viral load, but are negative for HBeAg).
- **HBV DNA level:** The most direct blood test used to measure the hepatitis B viral load and infectivity.