County of Santa Clara Public Health Department

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EXPOSURE NOTICE: IMPETIGO

Date Issued: _____

Dear Parent, Legal Guardian, or Staff,

Students and staff may have been recently exposed to **impetigo**. We are providing the information below so you know what steps you can take to protect yourself and others. This information does not replace talking with your doctor if you become sick. *If you or your child have symptoms, please seek diagnosis and treatment from a healthcare provider as soon as possible.*

IMPETIGO: A common skin infection caused by bacteria. Impetigo is most common in children 2 through 5 years old. It can be treated with antibiotic medicine.

What are the symptoms? Red, itchy sores that can leak fluid and leave crusted yellow scabs. The sores are often on the face, arms, or legs but may appear anywhere on the body.

How is it spread? Touching the sores of an infected person or touching fluid from the sores. Cuts or scrapes can increase someone's risk of getting impetigo. Lack of proper handwashing and body washing can also increase risk.

When do symptoms start? Typically, sores appear 10 days after exposure.

Do staff or children need to stay home if symptoms develop? Yes. However, your child may stay until the end of the program or school day but must keep the blisters covered.

When can staff or children go back to work, school, or childcare? The child or staff member can return after antibiotic treatment has started as long as the blisters are covered. The blisters must be kept covered until they are dry.

For more information, visit cdc.gov/groupastrep/diseases-public/impetigo.html.