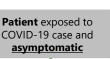
Healthcare Facilities (HCF) Exposure Management Guidelines

Healthcare workers (HCW) should follow any specific guidance given by their employer. For organizations that do not have an Infection Prevention or Occupational Health Department, please follow the guidance below. Fully vaccinated healthcare workers are not required to quarantine outside of worke





HCF arranges for testing on or after Day 6 from last exposure (via HCF or PCP) and ensures immediate home quarantine for at least 10 days from exposure^{1,2}

NOTE: Fully vaccinated patients do not need to quarantine6.

NEG TEST

POSITIVE NEGATIVE Instruct case to

Continue quarantine for 10 days from last exposure and monitor for symptoms for a full 14 days.

HCW: Can

continue to

work but

should self-

monitor for

symptoms*

for 14 days

from last

exposure.

NOTE: Fully vaccinated patients do not need to quarantine6.

Report ALL cases to the Public Health Department³

isolate, notify

close contacts

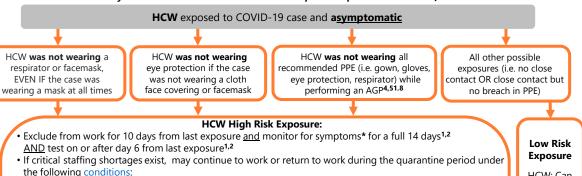
and follow I/O

Guidelines.2

POS

Return to work:

After isolation for 10 days from positive specimen collection date^{1,2}



NEGATIVE

Patients:

NEG

- If the test was earlier than 6 days after last exposure to case, get tested again on or after day 6 from last exposure1,2
- If the test was done 6 or more days from the last exposure to the case, remain at home until 24 hours after fever resolution and improvement in symptoms*
- HCW: 24 hours after fever resolution and improvement in symptoms*, follow guidance in orange for "HCW exposed to COVID-19 case and asymptomatic."

POSITIVE

POS

Instruct case to isolate, notify close contacts and follow I/Q Guidelines.²

Patient OR HCW

exposed to COVID-19

case and symptomatic

HCF arranges for testing immediately (via HCF or PCP) and ensures home Isolation^{1,2}

while awaiting test results

TEST

Report ALL cases to the Public Health Department³ Return to

work: After isolation for 10 days from symptom onset and 24 hours after fever resolves and symptoms* improve

- 1. The HCW remains asymptomatic. 2. The HCW undergoes the following testing regimen:
 - a. A COVID-19 test is done immediately upon learning of their exposure and the test result is negative.
 - b. The HCW remains off work until this initial COVID-19 test is resulted.
 - c. Thereafter, during the remainder of the quarantine period, the HCW's COVID-19 status shall be monitored with daily rapid antigen tests or RT-PCR tests every 3 days. Test type and frequency will depend on the facility's testing availability and schedules.
- 3. The HCW wears an N95 respirator & all other required PPE at all times while at work during quarantine period.
- 4. The HCW does not eat, drink, or unmask around others at any time, regardless of social distancing.
- 5. The HCW continues to monitor COVID-19 symptoms* daily. If the HCW develops symptoms,* the HCW should leave work, contact their manager/employee health, and be tested.
- 6. The HCW maximizes social distancing (even beyond 6 feet) wherever possible with both patients and coworkers, and maintains excellent hand hygiene at all times.
- 7. The HCW does not work with severely immunocompromised patients/individuals (cancer, organ transplants).
- 8. The HCW's duties are assigned in a way that minimizes the number of different patients cared for by the HCW
- 9. The HCW is still under home guarantine for 10 days after last exposure except to go to work. The HCW must not use carpool, taxi, rideshare or public transportation.

Test for COVID-19 as above AND on or after day 6 from last exposure. NEG **TEST** POS

NEGATIVE

Continue to follow HCW High Risk Exposure guidance through Day 10 from last exposure.

POSITIVE Instruct case to isolate, notify close contacts and follow I/Q

Guidelines.² Report ALL cases to the Public Health Department.³ Return to work: After isolation for 10 days from date of positive test and 24 hours after fever resolves and symptoms* improve

*COVID-19 symptoms:

Fever (100°F/37.8°C) or chills, Cough, Fatigue, Headache, Sore Throat, Muscle or Body Aches, Shortness of Breath or Difficulty Breathing, Nausea/Vomiting/Diarrhea, Loss of Taste or Smell

- Health Advisory for Testing, Isolation, Quarantine and Reporting 2. Home Isolation and Quarantine Guidelines Handout
- In addition to completing <u>Case Report Form</u>, all cases should be reported to the HCF's Infection Prevention or Occupational Health Department (IP/OCH). If no IP/OCH, then report to the Public Health Department via the Workplace Reporting Portal within 24 hours.
- **CDC Guidance for HCW Using PPE** 4.
 - AGP= Aerosol Generating Procedure; https://www.dir.ca.gov/dosh/dosh_publications/ATD-Guide.pdf 5.
 - See Provider Responsibilities and Guidance Page for more information.

References